

# THE ROMAN CATHOLIC PARISH OF THE HOLY FAMILY

## LENT & HOLY WEEK 2018

### LITURGIES & ACTIVITIES

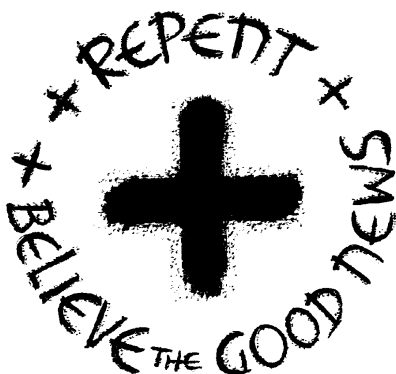
**The Immaculate Conception of Our Lady,  
Rosevean Road, Penzance, Cornwall. TR18 2DX.**

**01736 362619**

[www.penzancecatholicchurch.org](http://www.penzancecatholicchurch.org)

**Sacred Heart & St. Ia,  
Tregenna Hill,  
St. Ives, Cornwall. TR26 1SE.**

**St. Joseph the Worker,  
Commercial Road,  
Hayle, Cornwall. TR27 4DE.**



### **Welcome happy fast of Lent.**

Lent is time. Forty days of time for God. Time when we can look at our lives and see how we can return to a right relationship with Him. Time is given to all of us. How we use it, is the question. Listening and reflecting on the Word of God is a sure way of growing in his grace. This leaflet shows many opportunities across the parish that we can use to help us in this holy season. I hope you will **all** faithfully take as full a part as possible in the Lenten programme so that we can all be renewed in the Easter Mystery.

***Fr. Philip.***

## **Lent begins:**

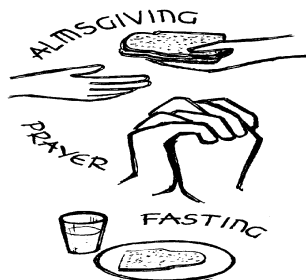
**ASH WEDNESDAY – 14<sup>th</sup> February**

*A day of Fasting & Abstinence.*

### **MASS TIMES:**

**Penzance:** 11 a.m. & 7.00 p.m. (*with selected verses from Allegri's famous Miserere*)

**St Ives** 9.30 a.m. **Hayle** 5 p.m.



**In Prayer to God, Almsgiving for others, Fasting for self.**

## **STATIONS OF THE CROSS - Fridays during Lent, throughout the Parish.**

**Penzance:** 6.00 p.m. *The Immaculate Conception of Our Lady,*

**St Ives:** 10 00 a.m. *Sacred Heart & St. Ia.*

**Hayle:** 10.30 a.m. *St. Joseph's*

## **LENT LUNCHES**

**Penzance:** ***On Saturdays 12 - 1.15 pm***

17 February: St Peter's, Newlyn

24 February: Madron Methodist Chapel

3 March: Paul C/E Church

10 March: Chapel Street Methodist

17 March: *To be advised*

24 March: Penzance YMCA

**Hayle:** Wednesdays at 11.30 - 1. 00 pm in Phillack Church Hall. £2 (*from 21 Feb.*)

**St Ives:** Nothing arranged as far as we know.

**CAFOD – LENT FAMILY FAST DAY - Friday 23 February God's love is for everyone. Your gift doubled £1=£2 Fast and give this family fast**

## **EXPOSITION OF THE BLESSED SACRAMENT – Watch & Pray**

in Hayle: Monday's 11-12 noon.

(*not in Penzance until the Autumn, because of the on-going development works.*)

**CHORAL EVENING PRAYER & BENEDICTION – *The Office of The Church***  
**On Sunday's 18<sup>th</sup> February and 18<sup>th</sup> March 6.00 p.m. – *Immaculate Conception of***  
***Our Lady, Penzance.***

*If you have not been before or it has been a while since you last came to this monthly service, why not make a special effort to come and sing the Psalms and spend some time before the Lord in the Most Blessed Sacrament of the Altar*



**'We adore You, O Christ and We Praise You' *The Gift of the Holy Eucharist:*** A resource for Lent.

**Lent Groups this year** will focus on a fresh faith-sharing resource which Bishop Mark asks us to use across the diocese. It is produced with the National Eucharistic Congress in Liverpool in September in mind, but they are reflections on the Eucharist to help all of us during Lent.

**St Ives** will meet at Tim & Gerri's on Mondays, 4.30 p.m. (phone to let them know 795012)

**Penzance** will meet at the Presbytery on Tuesdays at 10.45 a.m. and 7.30 p.m.

**Hayle** are welcome at any of the above. Booklets are available @£3 each.

*There are six sessions, & to keep Holy Week clear will begin next Mon 12<sup>th</sup>, Tue 13<sup>th</sup> February.*

**Penance - SACRAMENT OF RECONCILIATION – Confessions**

**Penzance:** Saturdays 4.15 -4.45 **St Ives:** Sunday 4<sup>th</sup> March 8.30 a.m. or a Wednesday morning.

**Hayle:** after Mass on 2<sup>nd</sup> Saturdays, or before Mass on Fridays.

**Parish Reconciliation Liturgy will be in Penzance on Tuesday 20 March** after 12 noon Mass and continue into the afternoon, and from 5.30 until 7 p.m.

*Alternatively, you can ring the Presbytery to make an appointment; 01736 362619*

**Reflection: *What to give up:***

Give up complaining. . . . .	<i>focus on gratitude.</i>
Give up pessimism. . . . .	<i>become an optimist.</i>
Give up harsh judgments . . . .	<i>think kindly thoughts.</i>
Give up worry. . . . .	<i>trust Divine Providence.</i>
Give up discouragement. . . . .	<i>be full of hope.</i>
Give up bitterness. . . . .	<i>turn to forgiveness.</i>
Give up hatred. . . . .	<i>return good for evil.</i>
Give up negativism . . . . .	<i>be positive.</i>
Give up anger. . . . .	<i>be more patient.</i>
Give up pettiness. . . . .	<i>become mature.</i>
Give up gloom. . . . .	<i>enjoy the beauty that is all around you.</i>
Give up jealousy. . . . .	<i>pray for trust.</i>
Give up gossiping. . . . .	<i>control your tongue.</i>
Give up sin. . . . .	<i>turn to virtue.</i>
Give up giving up. . . . .	<i>hang in there, and NOW DO SOMETHING!</i>

**HOLY WEEK 25<sup>th</sup> March – 1<sup>st</sup> April**

**PALM SUNDAY – 25<sup>th</sup> March** *Including the Blessing of Palms.*

**Hayle:** 6.30 p.m. (*Saturday - 1<sup>st</sup> Mass of Sunday*) **Clocks forward 1 hour**  
**Penzance:** 5.00 p.m. (*Saturday - 1<sup>st</sup> Mass of Sunday*)  
**St Ives:** 9.00 a.m.  
**Penzance:** 11.00 a.m. with Procession from the Presbytery

**MONDAY** in HOLY WEEK 26<sup>th</sup> March  
**MASS – 10.00 a.m.** *in Penzance.*

**TUESDAY** in HOLY WEEK 27<sup>th</sup> March  
**MASS – 12.00 noon** *in Penzance.*

**SPY WEDNESDAY** in HOLY WEEK 28<sup>th</sup> March  
**MASS OF THE SACRED CHRISM – 12 noon** *in Plymouth Cathedral. All welcome.*  
*(Train is the best way to go; and is only 10 minutes walking on the level to the Cathedral)*

**THE SACRED TRIDUUM:** *in the Parish Church, Penzance.*

**MAUNDY THURSDAY: 29<sup>th</sup> March**

**MASS OF THE LORDS SUPPER – 7.30 p.m.** *including the Mandatum.*  
*(Watch of the Passion until 11pm, closing with Night Prayer.)*

**GOOD FRIDAY: 30<sup>th</sup> March** *Day of Fasting & Abstinence.*

**OFFICE OF READINGS & MORNING PRAYER – 10.00 a.m.** (*Sung, Lady Chapel*)  
(Walk of Witness in Penzance from 11.30 a.m.)  
(Walk of Witness in St. Ives - 12 noon. Preceded by Stations of the Cross 10 a.m.)  
(Stations of the Cross in St Joseph's, Hayle - 12 noon.)

**SOLEMN CELEBRATION OF THE LORD'S PASSION – 3.00 p.m.**

**HOLY SATURDAY: 31<sup>st</sup> March**

**THE EASTER VIGIL: 8.30 p.m.** *including baptism & reception of candidates into the Church.*

**EASTER SUNDAY: 1st April – Including renewal of Baptismal Promises.**

**Penzance:** 11.00 a.m.  
**St Ives:** 9.00 a.m.  
**Hayle:** 11.00 a.m. (*If a priest is available*)

*(Special care should be taken to ensure that the Sacred Triduum is celebrated with adequate liturgical resources and only in the Parish Church – from the Pastoral Re-organisation Document, Plymouth Diocese.)*