



ROMAN CATHOLIC PARISH OF THE HOLY FAMILY

Diocese of Plymouth, Reg. Charity no 213227 (cheques made payable to PRCDTR Penwith R.C Parish)

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THE IMMACULATE CONCEPTION OF OUR LADY

Rosevean Road, Penzance, Cornwall TR18 2DX

Safeguarding Representatives: Helen Greagsby 07749372960

& Pauline Chamberlain.

OUR LADY, STAR OF THE SEA

Lower Strand, St Mary's, Isles of Scilly. TR21 OPS

Safeguarding Representative:

ST MARY'S CATHOLIC SCHOOL: 01736 330005

www.st-marys-rc-pz.cornwall.sch.uk Mrs Demelza Bolton

THE SACRED HEART AND ST. IA

Tregenna Hill, St. Ives, TR26 1SE.

Safeguarding Representatives: Helen Greagsby 07749372960

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ST. JOSEPH THE WORKER

Commercial Road, Hayle, TR27 4DE.

Safeguarding Representatives: Helen Greagsby 07749372960

& Pauline Chamberlain

Large Print Newsletter & Hymns: Chairs with arms: are all available on request if you need them

A VERY WARM WELCOME TO ALL OUR VISITORS - WE HOPE YOU ENJOY YOUR STAY IN CORNWALL

Visitors: you are welcome to join us for refreshments after Mass in Hayle and St Ives.

FIRST WEEK OF LENT (Year B: Psalter 1)

PENZANCE 1st Mass of Sunday on Saturdays at 5.00 p.m.

Sat 17 February

Mass 5.00 p.m. *James O'Shea RIP*

Sun 18 February with Children's Liturgy

Mass 11.00 a.m. *Wed's Prayer Group E.10*

Choral Evening Prayer and Benediction 6 p.m.

Mon 19 February

Mass 10.00 a.m. *Bridget Burnett RIP*

Tue 20 February

Mass 12 noon *Sister Francis Xavier RIP*

Thu 22 February The Chair of Peter - Apostle

Mass 10.00 a.m. *Alba Bath RIP*

Fri 23 February

Stations of the Cross 6.00 p.m.

Sat 24 February

Mass 5.00 p.m. *Richard Alan Leather RIP*

Sacrament of Reconciliation (Confession) is celebrated every Saturday from 4.15 – 4.45 p.m.

ST IVES

Sun 18 February

Mass 9.00 a.m. *Parish and People*

Wed 21 February

Mass 9.30 a.m. *Ann Wilson RIP*

Fri 23 February

Stations of the Cross 10.00 a.m.

Reconciliation, every first Sunday at 8.30 a.m.

HAYLE 1st Mass of Sunday on Saturdays at 6.30 p.m.

Sat 17 February

Mass 6.30 p.m. *Parish and People*

Fri 23 February

Mass 10.00 a.m. *Sheila Brooks (very ill)*

Stations of the Cross after Mass

Reconciliation: After Mass on 2nd Saturday's or Friday's before or after Mass.

Before Mass Talk to God **During Mass** Listen to God **After Mass** Talk to each other

Switch off your phone: Switch on your heart and mind Like Our Lady, Ponder the Word of God.

The Motet at the 11 Mass is A Prayer of King Henry VI

The translation of the Latin; 'Jesus Christ, Lord Almighty, Who didst create me and redeem me, and hast brought me now to that which I am. Thou know'st what Thou wilt have me to be, Deal with me according to thy loving kindness and show me Thy mercy Lord. Amen.' Music by Henry G. Ley.

Giving up for Lent? A possible Lenten initiative is to give up avoidable plastic especially single use plastic: present. Christian stewardship of our fragile planet etc. More details below. Other local churches are thinking about it.

Pope Francis also suggests 'bite the tongue' to be an example of harmony. The enemy of harmony in any community is gossip. The Apostle James, in his letter chapter 3 is about the tongue, and chapter 4 are both worth reading at any time but especially in Lent.

ISLES OF SCILLY

Sun 18 February Mass 10.30 a.m.

See notice board for any weekday Masses/Events

Lent is a time of rebirth and renewal for the whole Church, 'for both the catechumens and the faithful are prepared for the celebration of the paschal mystery by the Lenten liturgy: the catechumens by the various stages of Christian initiation and the faithful by calling to mind their baptism, and by acts of penance for the ways in which we have failed to live up to its implications. **During** Lent Alleluia is forbidden at all Masses until the Easter Vigil. No exceptions! The normal sung Acclamation is **Praise to you O Christ, King of Eternal Glory.** At the 11 a.m. Mass today **the Asperges** replaces the penitential rite. A translation of the verse from Psalm 50 (51) is by Ronald Knox says "Sprinkle me with a wand of hyssop, and I shall be clean: washed, I shall be whiter than snow."

Lent Groups this year focus on a fresh faith-sharing resource which Bishop Mark asks us to use across the diocese. It is produced with the National Eucharistic Congress in Liverpool in September in mind, but they are reflections on the Eucharist to help all of us during Lent.

St Ives will meet at Tim & Gerri's on Mondays, 4.30 p.m. Please phone to let them know you are going. 795012

Penzance on Tuesdays at 10.45 a.m. and 7.30 p.m. in Prebytery. Hayle are welcome to join either groups. There are six sessions, & to keep Holy Week clear began last Mon & Tuesday. Booklets are available @ £3 each. If you are unable to join a group you can have a booklet to use for reflection at home. Just ask for one.

Easter Chicks, Bunnies, assortment of Clergy and Religious are now on sale. Donations of crème eggs welcome. Early orders for chicks, clergy, i.e. Pope, cardinal, bishop, priest, monk, nuns (blue or black habit) and Bunnies appreciated. Chicks £1.20 others £1.60p.

CAFOD: Lent Family Fast Day next Friday 23rd February, and this year as in the past few years, every donation to CAFOD between 13 February and 12 May will be doubled by the UK Government. Fasting:

What do you hunger for? Susy Brouard from CAFOD's theology team reflects on why she will be missing a meal this family fast day. 'I believe it can transform me in four ways'. We will print over the next four weeks one of each way: **My relationship with my neighbour:** when I fast, I call to mind my brothers and sisters who are not able to eat regularly. The act of fasting makes me more compassionate and leads me to give food to those who have none. In the act of fasting I show my solidarity with those who hunger – by fasting, I can show my "hunger and thirst for what is right" (Matthew 5:6.)

Women's World Day of Prayer: is Friday 2nd March. This year the title is "All God's creation is very good!" and has been prepared by the Christian Women of Suriname. It is a challenge to consider what we can do to care better for God's creation and there is an opportunity to promise to change our behaviour either as individuals or as groups of Christians. **Penzance** service will be at Chapel Street Methodist Church at 4 p.m. **Hayle** at Phillack church 2 pm

Retreats in the Diocese 2018. See the Yellow notice on boards, and a little booking form. Book early, esp. for the March Lent Quiet Day.

Lenten Retreat at St Rita's Honiton: "Let us Pray" on Sat 3rd March 10.30 – 4.30 p.m. See poster for more info or ask for an application form which we have.

10 Ways to give up plastic:

Give up buying bottled water and buy a refillable flask.

Say no to plastic straws

Stop using plastic carrier bags and invest in a bag for life.

Return to a milkman: milk delivered to your door in glass bottles, which are then taken away and reused.

Reuse containers for storing leftovers.

Avoid micro beads

Reuse disposable cutlery

Get a reusable coffee mug -2.5 billion cardboard coffee cups are thrown away each year.

Use a razor with disposable blades, not a disposable.

Visit your local grocer or farm shop/market when buying fruit and veg, so no excessive plastic packaging.

Penzance Hunger Lunch Sat 24th Madron Chapel

Hayle: weekly on Wednesdays in Phillack Ch. Hall.

Penzance Carers Forum, Support for those who care: next meeting this Wednesday, 21 Feb in the Community Room 3.02 at St John's Hall, Alverton Street from 2-4 pm.

CTS New Book: A Year with the Catechism. 365 Day Reading plan. £12.95. The Catechism gives a clear systematic and comprehensive presentation of the essential of the Faith. This book brings its treasures in manageable, bite-sized pieces. This invaluable tool will give meaningful exposure to the beauty of the Catholic faith. We can order copies. Let us know. See poster.

Looking ahead: Fundraising events. Obviously with so much work going on (as ever) we need to continue with fundraising. The Summer Fair and Christmas Bazaar will continue, but reserves of goods for the stalls are now very low, so we need to work on ideas on filling them up. Any fresh ideas and help for events or goods welcomed. We are always glad of your "unwanted or unable to use" gifts, to go for raffles or stalls. You can bring them in at any time

Pilgrimages for 2018:

Walsingham: Cornish Pilgrimage Sun 7 - Sat 13 October. Cost £455, which includes travel, accommodation and most meals. £50 deposit (non-returnable) please contact Christine 362619.

Diocesan Pilgrimage to Lourdes; 2-8 August, flying from Exeter £779 staying very near the Grotto. Book on line www.joewalstours.co.uk or speak to the Director Fr. Kieran Kirby on 01803 294142. Youth cost £495.

Diocesan Pilgrimage to the Holy Land 18 – 25 February 2019. Website <http://www.pilgrimagepeople.org> Completed booking forms need to be received before 18 April. Forms from above Pilgrim people on 08006123423 ref PLYM01.

Ecumenical Pilgrimage to Landevennec from Sun – Fri 22-27 April. Only 2 places left and they would be glad of Catholics to join them. Info from pam@pandamiller.co.uk

Catechetical Summer Camps run by the diocese, in July/early August. See poster for more details.

The Pope's Prayer Intention in February

Universal: Say "No" to Corruption. That those who have material, political or spiritual power may resist and lure of corruption.

All our parishioners, For evangelisation in the parish.

Our 1st Holy Communion Children: Adrian, Dylan, Lottie, Neeve, Sammy, Timmy, & Vilita. For Morgan on RCIA.

Our own sick, housebound & those in Hospitals or Hospice: Ray & Christine Blaker, Lynda Cripps, Christine Bunt, Jennifer Prin, Leanne Thomas, Tom Dauncey Jnr, Tony Lidiard, Michael Loughran, Jackie Corsi, Mary Rawley, Andy Wilkins, Joyce Rogers, Sue Rowies, Patricia Martin, Fr Robbie Low, baby Hugo, Jude Le Grice, Wyn Xenaky, Kathy & Bob Carr, Tony Noonan, Helena Federova, Adam, Richard Francis, Sylvia Champion, Sister Maureen, Caroline Schofield, Lorna Sullivan, William Leah, Jill & Serena Symons, Sarah Forrest, Anne Long, Anne Hobbs, Daphne Dearman, Lisa Thomas, Michael Lavan, Dot Kennedy, Astrid Grant, Pam Szlichta Tony Bawden Beatrice Iwanowski, Maureen Rogers, Trevor Lawrence, Clare Notman, Fred Orpwood, Noemita Ross & Tom Jasper (Mary's son).

For those who have died, esp. Denise McFadden, Andy Cowie, any others known to us, and for all who mourn.

Smile Lines: Expensive boat.

Planning an Easter pilgrimage to the Holy Land the parish priest was aghast when he found it would cost him £50 an hour to rent a boat on the Sea of Galilee. He protested to the travel agent that the cost was ridiculous. "That might be true," replied the travel agent, "but you have to take into account that the Sea of Galilee is water on which our Lord himself walked." "Well, at £50 an hour for a boat, I'm not surprised he walked!"